## Raksha Rai's Path to Independence



Raksha Rai was born with developmental delay and mental and psycho-social disabilities which left her unable to speak, walk, or respond. Despite seeking medical help, her family was told her condition was incurable. The program (DPRP) provided crucial support offering physiotherapy training to Raksha's mother and a toilet chair. The program (DPRP) also provided a wheelchair to her.

With consistent physiotherapy, Raksha began to show improvement. She learned to turn over and move around her room. The wheelchair improved her mobility allowing her to explore her home and enjoy the outdoors. The wheelchair also made daily tasks easier for Raksha's mother, Dharmila, who was very grateful for the support. This assistance improved Raksha's quality of life bringing joy and hope to their family.

> Karuna foundation Nepal Saving children from disability, one by one