



Sneha's spirit



Sneha Magar from Dharan was diagnosed with jaundice on the 11th day after birth. Though she was treated by traditional practices (Dhami/Jhakri), growing up, she showed no signs of key physical developments such as rolling over, holding her head up, or controlling her trunk.

A Community-Based Rehabilitation Facilitator (CBRF) from Dharan identified her need for physiotherapy and assistive devices. Through the program (DPRP), she received a standing frame and frequent physiotherapy visits were conducted at her home. As a result, Sneha showed significant improvement and now, she can sit without support and stand with minimal assistance. She continues to be monitored by CBRFs while her family supports her through home-based education.

This story shows how small interventions and counseling can transform the lives of persons with disabilities.