

An Achievement in Chulachuli



BEFORE TREATMENT AFTER TREATMENT

This is the story of Sipal Rai from Chulachuli Rural Municipality. Sipal developed a visible deformity around his left elbow joint at just four months old due to a fall from bed. Initial treatments with home remedies and traditional healers were ineffective leaving him with a fixed range of motion (ROM) deformity.

Sipal's condition was identified during a disability identification camp under the program (DPRP), after which he was sent to a health camp in Damak organized by HRDC, where he was advised to visit HRDC Banepa. With financial assistance from the DPRP, he traveled to HRDC for treatment.

In a joint effort by HRDC Banepa and DPRP, Sipal underwent surgery at HRDC Banepa Hospital where he stayed for a month. Following the surgery, he returned home with noticeable improvement in his hand but required regular physio-therapy which was provided by Community based rehabilitation facilitators (CBRFs). He continues to visit HRDC Banepa for follow-ups.

The surgery greatly improved Sipal's ability to move his hand making everyday tasks much easier for him. His family is thrilled and Sipal shared his happiness, saying, "After the operation, I can move my hand easily and do other activities without trouble. Everything feels so much simpler now."