

Aiming a better quality of life



Amrika Mehta, a resident of Inaruwa-2, began experiencing weakness in her lower limbs, eventually becoming bedridden and fully dependent on her son for daily activities like mobility and toileting. Over time, she also developed mild weakness in her upper limbs, making her situation even more challenging.

During a home visit, a Community-Based Rehabilitation Facilitator (CBRF), assessed her condition and found Amrika unable to walk or manage basic tasks. Her family had to carry her to move her around. In 2079 B.S., through the Disability Prevention and Rehabilitation Program (DPRP), Amrika received a lightweight, foldable wheelchair. This gift transformed her life, improving her mobility and making it easier for her family to assist her. Now, Amrika uses the wheelchair to move around her home and surroundings, and she can comfortably be transferred to the toilet. She feels immense gratitude towards the program and program related officials for their support, which has significantly improved her quality of life.