

# A Journey from Womb to Hope



Karan Shrestha, the second child of Sushmita and Jiban Shrestha from Sundar Haraicha Municipality, Morang, was born on 2078/12/26 B.S. During Sushmita's fourth ultrasound, it was discovered that Karan had a minor cleft lip. Further consultation at Haraicha Municipal Hospital led to a recommendation for delivery at Nobel Hospital in Biratnagar.

Karan was born with a severe bilateral cleft lip and palate. Initially devastated, the family received support and counseling from nursing staff, who explained the treatment process. With the help of Community-Based Rehabilitation Facilitators (CBRF) and the Karuna Foundation Nepal (KFN), the family coordinated with Smile Train. Karan underwent successful surgery at BnB Hospital, Lalitpur, and began to thrive.



The Shrestha family is grateful, expressing, "We never imagined our child would look normal. We are blessed to have him." Karan will undergo further treatment once he gains 10 kg, with ongoing follow-up from CBRFs and Smile Train staff.