

Timely intervention



Shristika Majhi was born with spina bifida, a birth defect that brought immense sorrow to her family. Residing in Duhabi, her father worked as a daily laborer while her mother managed the household. Their financial struggles made it difficult to seek proper medical care for their daughter.

When a Community-Based Rehabilitation Facilitator (CBRF) from the program (DPRP) visited their home, she discovered Shristika's condition. The family had been advised by local health workers to seek further treatment, but their lack of resources and poor counseling prevented them from continuing care. Shristika's mother revealed that while she had taken iron and calcium supplements during pregnancy but hadn't consumed folic acid before or during the early months of her pregnancy.



Through regular visits, The family was counseled and she was taken to Birat Teaching Hospital for surgery which was successfully performed with support from the program. This intervention not only changed Shristika's life positively preventing potential long-term disability.