

My first steps in 11 years!



In the village of Jamuna, Ilam, Shanti Maya Khamdak had spent eleven years crawling through life, burdened by a physical disability and a neglectful, alcoholic husband. Poverty kept her from seeking help, and her world seemed forever confined to hardship. But with our program, everything changed.

Over two years, the Community Based Rehabilitation Facilitator (CBRF) provided her with physiotherapy, nutritional support, and counseling, even adapting her home to aid her mobility. Slowly, Shanti Maya began to take her first steps in over a decade, reclaiming her independence. Her family's financial situation improved with her eldest son's remittances from the Middle East, and their attitude toward her softened. At 44, Shanti Maya has found a new beginning, and her community rejoices in her remarkable transformation.

